

## To maintain Advantage-level benefits, employees and dependents must meet the following year one requirements:

<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• We encourage members to maintain a relationship with their PCP(s), and schedule an annual checkup. They should use this appointment to have their PCP Checklist(s) requirement completed.</li> <li>• Members should maintain a healthy weight or participate in a weight management program, if they are considered overweight or have an unacceptable body mass index (BMI) in the opinion of their PCP. (aged 18 or older)</li> <li>• Remain smoke-free, or attend a smoking cessation program if they are a smoker. (aged 18 or older)</li> </ul>
<p>Within eight months after the member's effective date</p>	<p>Members must submit the following forms to BCBSRI. Forms are located at BCBSRI.com:</p> <ul style="list-style-type: none"> <li>• Annual PCP Checklist (all members over age 12)</li> <li>• Annual Self Reporting Form(s) (all members over age 18)</li> <li>• Participate in our Health Management Programs if identified by BCBSRI and/or PCP as someone who could benefit from such programs (all members)</li> </ul>

**Please note:** Members may be switched to the Basic level of benefits on the first day of the month following the group's effective date of coverage for any of the following reasons:

- The member and/or dependent(s) did not complete the enrollment application.
- Any member and/or dependent(s) PHA is incomplete or not submitted.

## Year Two Requirements

Members who maintain the Advantage level of benefits upon renewal do not need to complete another PHA, but will need to complete and submit the wellness participation requirements within 8 months of the effective date.

**NOTE:** If a member is currently enrolled in the Basic level of benefits, he or she may be eligible to enroll in the Advantage level of benefits upon the group's renewal. The member will need to complete and submit a new application, designating a PCP(s), and complete a Personal Health Assessment (PHA).

<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Maintain a relationship with a PCP, and schedule an annual checkup.</li> </ul>
<p>Within eight months after the member's effective date</p>	<p>Members must submit the following forms to BCBSRI. Forms are located at BCBSRI.com:</p> <ul style="list-style-type: none"> <li>• Annual PCP Checklist (all members over age 12)</li> <li>• Annual Self Reporting Form(s) (all members over age 18)</li> <li>• Participate in our Health Management Programs if identified by BCBSRI and/or PCP as someone who could benefit from such programs (all members)</li> </ul>

## Example Requirements Due Date Schedule

If your group enrolled in April, then your employees' paperwork would be due at the end of the following November.

Enrollment Date:	Eight Month Due Date (240 days)
April 1	November 28
May 1	December 27
June 1	January 27

\*If the 240th day falls on a weekend day or holiday, the due date will advance to the next business day.



[www.BCBSRI.com](http://www.BCBSRI.com)

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